# **Summer of Play - Youth Activities**

# Monday 3 August to Sunday 29 August 2021

In partnership with The Summer of Food and Fun scheme, Southwark's physical activity team will be running four weeks of **FREE** sport and physical activity sessions funded by the Department for Education between Monday 3 August to Sunday 29 August 2021.

We want to help local families who are in need of additional support to get free, healthy food and enjoy a wide variety of fun sport and physical activities.

There's a great range of exciting activities available - paddleboarding, horse riding, skateboarding, cage cricket and beach volleyball, plus many more!

Each session will provide:

- A free, take and make recipe box
- Fun physical activity sessions

#### Activities are for those aged between 12 to 16 years only

Please see the timetable below and to book your activity email is provided at the end of this document.

#### **Monday**

### **Beach Volleyball**

**Time:** 4.30pm to 5.30pm

Venue: BOST Malborough Sports Ground, 11 - 25 Union St, London SE1 1SD

# **Tuesday**

Horse Riding
Time: 1pm to 2pm

**Venue:** Dulwich Riding School, Dulwich Commom, SE21 7EX (30 minutes of riding and 30 minutes of stable management)

#### **Boxing**

**Time:** 1.30pm to 2.30pm

Venue: London Community Boxing Club, Units 3&4 Bellenden Road, Peckham Rye,

**SE15 4RF** 

#### **Netball**

**Time:** 4.30pm to 5.30pm

Venue: BOST Malborough Sports Ground, 11 - 25 Union St. London SE1 1SD

#### **SERVES** (tennis)

Time: 4pm to 5pm

Venue: Brandon Estate, Rachel Leigh Hall, SE17 3JQ

### Wednesday

#### **BMX**

Time: 11am to 1pm

Venue: BMX Track, Burgess Park, Wells Way, SE5 0PX

#### Female only gym & fitness (must be 16 to 17 years old)

**Time**: 10am-11am

Venue: The Bridge, 73-81 Southwark Bridge Road, London, SE1 0NQ

#### **BMX**

**Time:** 1.30pm to 3.30pm

Venue: BMX Track, Burgess Park, Wells Way, SE5 0PX

### **Thursday**

# **SERVES** (tennis)

Time: 1pm to 2pm

Venue: Kingswood Estate, SE21 8PH

#### **Inclusive Yoga**

**Time:** 3.30pm to 4.30pm

Venue: The Lodge.space, 120a Lower Road, SE16 2UB

### **Friday**

### Skateboarding

Time: 10am to 12pm

Venue: White Grounds Skatepark, Druid Street, SE1 3JW

## **Saturday**

### **Disability Multi - Sports**

Time: 1pm to 2pm

Venue: Geraldine Mary Harmsworth, St George's Road, SE1 6ER

#### **Cage Cricket**

Time: 2pm to 3pm

Venue: Central Venture Park, Kelly Avenue, London SE15 5GL

# Sunday

### Paddle boarding

Time: 1.30pm to 4pm

Venue: Surrey Docks water Sports Centre, Rope Street, SE16 7SX

## **Cage Cricket**

Time: 2pm to 3pm

Venue: GMH Park MUGA/ Lambeth Rd, London SE1 7PT

If you have any questions in regards to bookings or the sessions please email sports@southwark.gov.uk